



Freshly Made With Halal Ingredients • No Added Preservatives • No Added Additives • No MSG

STARTERS



Tuscan Summer Minestrone Soup



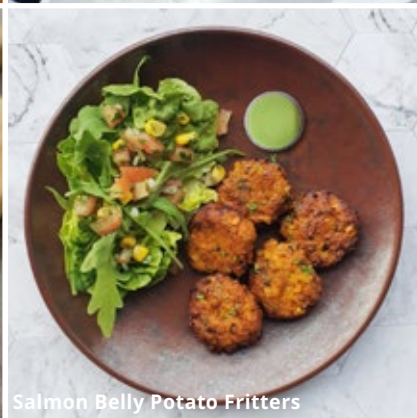
Spiced Corn Ribs

TUSCAN SUMMER MINESTRONE SOUP 15.9

A hearty meal of its own. Mix of celery, carrot, onion, leek, lettuce, tomato, chickpeas & pasta. Served with a side of tomato focaccia



Tomato & Olive Focaccia



Salmon Belly Potato Fritters

CAJUN SPICED CORN "RIBS" (8PCS) 13.9

Cajun spiced roasted sweet corn ribs & lemon.

TOMATO & OLIVE FOCACCIA (3 SLICES) 11.9

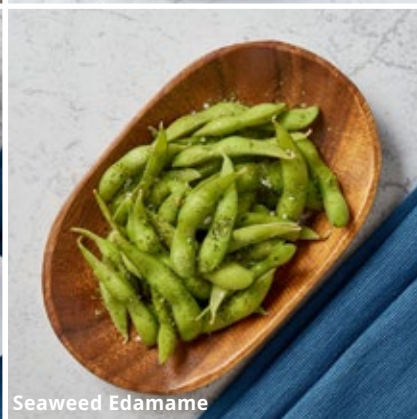
Homemade tomato olive focaccia with choice of: basil pesto or beetroot hummus

SALMON BELLY POTATO FRITTERS 16.9

Baked salmon belly, potato & dill fritters served with salad greens & a choice of honey mustard dressing or parsley dressing or herbed tartar sauce



Chips & Dips



Seaweed Edamame

CHIPS & DIPS 15.9

Snack away with our lightly fried chips with a choice of 2 dips. Herbed tartar/ beetroot hummus/ tomato salsa/ peri peri sauce

- HAND CUT POTATO CHIPS**
- BLUE & YELLOW MIXED CORN CHIPS**

SEAWEED EDAMAME 9.9

Edamame, seaweed flakes, sea salt

GARLIC FOCACCIA BREAD (3 SLICES) 9.9

Home baked tomato olive focaccia, garlic spread



Chips & Dips



Garlic Focaccia Bread

NOURISH BOWLS

THE NKD SUPER BOWL

Carrot, cucumber, cherry tomato, chickpeas, edamame, roasted pumpkin, salad greens, beetroot hummus, quinoa couscous salad, raisins, pumpkin seeds & tahini dressing.

*Low carb: swap couscous for salad

(v) Vegetarian	23.9
Grilled Chicken Breast	27.9
Roast 8 Herb Chicken Chop	27.9
Peri Peri Chicken Chop	27.9
Salmon Belly Potato Fritters	27.9
Baked Salmon	36.9



The Nkd Super Bowl w/ Roast 8 Herb Chicken Chop



Basil Pesto Pasta Bowl

BASIL PESTO PASTA BOWL

Inspired by the world's best chef Massimo Bottura. Pasta, green peas, cherry tomato, olives, pumpkin, walnuts, rocket, shaved parmesan & our signature pesto. Served with seasoned vegetables.

(v) Vegetarian	25.9
Grilled Chicken Breast	27.9
Roast 8 Herb Chicken Chop	27.9
Peri Peri Chicken Chop	27.9
Salmon Belly Potato Fritters	27.9
Baked Salmon	36.9



Rainbow Quinoa Bowl w/ Grilled Chicken Breast

RAINBOW QUINOA BOWL

Tri colour quinoa, couscous, edamame, tomato salsa, green peas, chickpeas, cucumber, pomegranate, pumpkin seeds, honey lemon vinaigrette. Served with parsley dressing & seasoned vegetables.

(v) Vegetarian Tofu	24.9
Grilled Chicken Breast	27.9
Roast 8 Herb Chicken Chop	27.9
Peri Peri Chicken Chop	27.9
Salmon Belly Potato Fritters	27.9
Baked Salmon	36.9



Vietnamese Soba Noodle Bowl

VIETNAMESE SOBA NOODLE BOWL

A beautiful & refreshing mix of asian flavours. Salad greens, capsicum, onion, cucumber, carrot, mint, coriander, soba noodles and sweet chili dressing.

(v) Vegetarian Tofu	25.9
Grilled Chicken Breast	27.9
Roast 8 Herb Chicken Chop	27.9
Salmon Belly Potato Fritters	27.9
Baked Salmon	36.9



ROASTED BEETROOT & FETA HARVEST BOWL

Gorgeous roasted beets, feta, orange, tomato, edamame, quinoa, couscous, chickpeas, pomegranate, salad, roast pumpkin & honey lemon dressing. *Low carb: swap quinoa couscous for salad.

(v) Vegetarian	23.9
Grilled Chicken Breast	27.9
Roast 8 Herb Chicken Chop	27.9
Salmon Belly Potato Fritters	27.9
Baked Salmon	36.9

healthy MAIN MEALS



PERI PERI ROAST CHICKEN & RICE 🌶️ **26.9**
All time best seller. Housemade peri peri chicken chop, mixed herb basmati rice, vegetables & spicy peri peri sauce
(V) PERI PERI ROAST EGGPLANT & RICE **23.9**



ROAST CHICKEN & SPANISH TOMATO RICE **26.9**
Roasted 8 herb chicken chop, tomato rice & vegetables
CHEESE BAKED TOMATO RICE **28.9**



8 HERB ROAST CHICKEN & GRAVY **26.9**
Our signature roasted chicken marinated in 8 herbs & spices, mash, seasoned vegetables & gravy



BEEF LASAGNA **27.9**
Minced beef chuck, mushroom & carrot, rich tomato sauce & béchamel. Comes with seasoned vegetables & gravy.



BEEF CHILI CON CARNE & RICE 🌶️ **26.9**
Aus. beef, beans, mushroom, carrot, capsicum, rich tomato sauce, cheese & Tex-Mex spices. Served with mixed herb basmati rice.
(V) VEGETARIAN CON CARNE **25.9**
**Made with vegan mince*



STUFFED TUSCAN CHICKEN **27.9**
Stuffed chicken breast with rocket, cheese & sun dried tomatoes, salad, roast vegetables & tomato basil sauce.

healthy MAIN MEALS



SLOW BRAISED CHICKEN STEW 27.9

This comfort dish is given a healthy make over filled with lots of vegetables. Organic vegetable broth slow cooked for maximum flavour with carrot, celery, onions, mushroom, peas & 8 herb chicken thigh. Served with mash & vegetables or low carb with salad.



GARLIC BASIL FISH WITH TOMATO BUTTER SAUCE 27.9

Summer in a bowl. Pan seared cherry snapper topped with rich tomato butter basil sauce & kidney beans Served with herb rice pilaf & seasoned vegetables.



BEEF CHILI CON CARNE & MASH 26.9

Protein mince of choice with mushroom, carrot, capsicum, rich tomato sauce & Tex-Mex spices. Served with vegetables & mash

(V) VEGETARIAN CON CARNE 25.9

**Made with vegan mince*



BAKED FISH WITH CREAMY PESTO SAUCE

Baked fish, mash, seasoned vegetables & creamy basil pesto sauce

CHERRY SNAPPER 27.9

SALMON 36.9



GOURMET MEAT PIES

Baked fresh daily. Our handmade pies are filled with a hearty mix of vegetables & meat encased in a flaky buttery pastry. Served with mash, green peas & gravy.

ROAST CHICKEN & MUSHROOM 26.9

BEEF STEAK & MUSHROOM 27.9

VEGETARIAN 26.9

NKD PASTAS



PERI PERI CHICKEN PASTA 🌶️ **26.9**
Garlic kombu, EVOO, chili, yuzu pasta & our signature peri peri chicken. Served with seasoned vegetables.
(V) PERI PERI ROASTED EGGPLANT PASTA **24.9**



CHILI LIME FISH PASTA 🌶️ **27.9**
Garlic kombu, EVOO, chili, yuzu pasta & chili lime cherry snapper fish. Served with seasoned vegetables & parsley dressing.



BEEF CHILI CON CARNE PASTA 🌶️ **26.9**
Minced Aus. beef, beans, mushrooms, carrots, capsicum, slow cooked in tomato sauce, cheese & Tex-Mex spices.
(V) VEGETARIAN CHILI CON CARNE PASTA **25.9**
**Made with vegan mince*



GRILLED 8 HERB CHICKEN & YUZU PASTA **26.9**
Garlic kombu, EVOO, chili, yuzu pasta & roast herb chicken chop. Served with seasoned vegetables.
(V) MUSHROOM, KOMBU & YUZU PASTA **23.9**

NKD PASTAS



(V) BRAISED LEEK & PARMESAN PASTA 24.9

Leeks, garlic, tomato, mushrooms, parmesan, EVOO & parsley. Served with seasoned vegetables.

BAKED CHERRY SNAPPER 27.9

GRILLED CHICKEN BREAST 27.9

BAKED SALMON 37.9



SLOW COOKED BEEF BOGLONESE PASTA 26.9

Rich tomato sauce slow cooked with Aus. minced beef & vegetables. Served with seasoned vegetables.

(V) VEGETARIAN BOLOGNESE PASTA 25.9

**Made with vegan mince*



CREAMY SUNDRIED TOMATO & 23.9

BAZIL PESTO PASTA

Basil pesto, sundried tomatoes, onion, cream & parmesan. Served with seasoned vegetables.

8 HERB CHICKEN CHOP 27.9

GRILLED CHICKEN BREAST 27.9

BAKED SALMON 37.9



BAKED FISH & ZESTY PASTA SALAD 26.9

A wonderful refreshing combination of flavours. Baked fish with olives, tomato, pomegranate, pasta & salsa. Served with seasoned vegetables & parsley dressing.

BAKED CHERRY SNAPPER 26.9

BAKED SALMON 37.9

NKD WRAPS

Choice of side: mixed side salad / hand cut chips / mixed corn chips

ADD ON: Cheddar Cheese Slices RM1.60/ Jalapeños RM0.50



(V) THE NKD SUPER VEGE WRAP 24.9

Roast pumpkin, beetroot hummus, salad greens, tomato salsa carrot, edamame, cucumber & parsley dressing.



(V) MEDITERRANEAN SUMMER WRAP 24.9

Roast peppers, feta cheese, pickled onion, beetroot hummus, olive, sundried tomato, artichoke, salad greens



PERI PERI CHICKEN WRAP 🌶️ 24.9

Peri peri chicken, cucumber, carrot, onion, capsicum, salad greens & homemade peri peri sauce.



ROAST CHICKEN & BASIL PESTO WRAP 24.9

Roasted 8 herb chicken, basil pesto, salad greens, tomato salsa, cucumber & carrot.



CHILI CON CARNE WRAP (BEEF/ VEGETARIAN) 25.9

Choice of chunky beef or vegan mince spicy chili con carne, greens, cucumber, carrot, edamame, lemon & pickled jalapeños



CHILI LIME FISH WRAP 24.9

Baked chili lime tilapia fish, salad greens, cucumber, carrot, pineapple tomato salsa, pickled onions & parsley dressing.



NKD TACOS

Our healthy take on a comfort classic. Each meal comes with 2pcs of tacos.

Choice of side: mixed side salad / hand cut chips / mixed corn chips

CHILI CON CARNE TACOS

24.9

Choice of Aus. minced beef or french lentils, beans, mushrooms, carrots and capsicum in Tex-Mex spiced tomato sauce, pineapple tomato salsa, jalapeños, radish, salad, feta & parsley dressing.

SPICY CHIPOTLE CHICKEN TINGA TACOS

24.9

Braised chicken in rich tomato sauce spiced with smokey chipotle chili in adobo sauce, pineapple tomato salsa, pickled onions, radish, salad. Served with parsley dressing, lime wedge & choice of side.

PERI PERI CHICKEN TACOS

24.9

Epicly flavourful peri peri spiced chicken, pineapple tomato salsa, pickled onions, salad. Served with spicy peri peri sauce, lime wedge & choice of side.

CHILI LIME FISH TACOS

24.9

Baked chili lime cherry snapper fish, pineapple tomato salsa, pickled onions, salsa. Served with parsley dressing, lime wedge & choice of side.

ROAST CHICKEN & BASIL PESTO TACOS

24.9

Roasted chicken, pineapple tomato salsa, feta, salad & basil pesto

TOMATO BRAISED PULLED CHICKEN TACOS

24.9

Slow braised chicken in rich tomato sauce. Topped with pineapple tomato salsa, pickled onions, radish, salad. Served with parsley dressing, lime wedge & choice of side.

(V) THE NKD SIGNATURE VEGE TACO

24.9

Roasted pumpkin, pineapple tomato salsa, pickled onions, salad and beetroot hummus in fluffy flour tortillas. Served with parsley dressing, lime wedge & choice of side.

DESSERT

**VEGAN DOUBLE CHOCOLATE
FUDGE BROWNIE** **14.9**

Dark couverture chocolate, dark chocolate chips, dutch cacao powder, raw cane sugar, flour, vegan butter, vanilla & our secret ingredient... aquafaba (chickpea brine). Served with raspberry reduction.

**VEGAN DOUBLE CHOCOLATE
FUDGE BROWNIE** **100.0**

1 tray of our vegan chocolate brownies. Size: 8x8in (9 pcs)

SIDES

GRILLED CHICKEN BREAST **9.9**

BAKED SALMON **16.9**

ROAST 8 HERB CHICKEN CHOP **9.9**

SEASONED VEGETABLES **8.9**

MIXED HERB CONFETTI RICE **7.9**

**MIXED LEAFY SALAD W/
LEMON VINAIGRETTE** **9.9**

RAINBOW QUINOA SALAD **12.9**



COLD PRESSED JUICE & DRINKS

PURE ORANGE 100% Valencia orange	9.9 250ml	15.9 500ml	100+	3.9
THIRST QUENCHER Watermelon, mint	9.9 250ml	15.9 500ml	COKE	3.9
GREEN MACHINE Apple, cucumber, romaine, celery	9.9 250ml	15.9 500ml	COKE ZERO	3.9
SUMMER GLOW Watermelon, apple, mint	9.9 250ml	15.9 500ml	ICED HONEY LEMON	4.9
			MINERAL WATER	2.9

For enquiries: 012-3900 664 (Jenny) or email us at eat@thenkdllunchbox.my

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